



Our Lady of the Rosary  
Catholic Primary School

Personal Development  
PSHE Policy

Autumn 2023

## **Introduction**

At Our Lady of the Rosary Primary School, we ensure that all children receive a high quality Personal, Social, Health and Economic Education. We understand that this is an important and necessary part of all pupils' education, and it is paramount that we provide children with the skills and knowledge that they need throughout their time at school and throughout their lives. The subject makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is "broadly based, balanced and meets the needs of pupils". Schools must "promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life" while having a duty to keep pupils safe.

## **Aims & Objectives**

The aims of this policy are to:

- To set out the expectations of PSHE within Our Lady of the Rosary Primary School.
- To outline how PSHE will be delivered across the school.
- To ensure that all members of the school community understand how we support our children in becoming valued members of society.

Personal, Social, Health and Economic Education (PSHE) and Citizenship should enable children to become healthy, independent and responsible members of society. As a school, we will use the statutory content within the National Curriculum and from other statutory guidance on: drug education, financial education, relationship and sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle.

PSHE education at Our Lady of the Rosary helps children and young people to understand their own and others' emotions, develop healthy coping strategies and seek appropriate support.

Our Lady of the Rosary, we encourage our pupils to play an active and positive role in contributing to the life of the school and its wider community. Through doing this, we help develop children's independence, responsibility and help create a strong sense of self-worth.

The aims of PSHE and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle
- be aware of safety issues
- understand what makes for good relationships with others
- have respect for others
- be independent and responsible members of the school community
- be positive and active members of a democratic society develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- develop good relationships with other members of the school and the wider community
- make the most of their ability.

## **Teaching and learning**

At Our Lady of the Rosary, we use a range of teaching and learning styles with an emphasis on active learning by including the children in discussions, investigations and problem solving activities.

Personal Development will be taught in a variety of ways, to reflect the age of the pupils and ensure a whole school approach to the subject:

- There will be a weekly specific curriculum session, in order to develop themes and share ideas. During these sessions, pupils regularly work with learning partners or in groups, facilitating respect, cooperation, fairness, sharing and negotiation. Through circle time and discussions, pupils are also encouraged to participate in discussion to resolve conflicts or set agreed classroom rules or behaviour.
- Opportunities will be found within other curriculum areas such as with debates and discussion in literacy, improving health in PE, environmental, health and drug issues in science and beliefs, values and practices in RE.
- We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as involvement in an activity to help other individuals or groups less fortunate than themselves.
- We offer children the opportunity to hear visiting speakers, such as health workers, police, fire service and representatives from the local church, whom we invite into the school to talk about their role in

creating a positive and supportive community.

- At playtimes and lunchtimes opportunities exist for playing co-operatively using play equipment.
- Throughout the Personal Development curriculum, children will have opportunities to explore issues connected with living in a multi-cultural society.
- Our Celebration Assembly celebrates personal achievement and rewards thoughtful, caring behaviour.

### **Early Years Foundation Stage**

Personal, Social and Emotional Education is one of the three Prime Areas and we teach PSHE and citizenship as an integral part of the topic work covered during the year through the Early Learning Goals (ELGs). All areas of learning are important and inter-connected, but the PSE area is vital for building their capacity to learn, form relationships and thrive.

The EYFS Framework states that: Personal, social and emotional development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

It also splits the Prime Area into 3 strands:

- Self-confidence and self-awareness: children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.
- Managing feelings and behaviour: children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.
- Making relationships: children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

A child must achieve the age-related expectation in each of these three areas in order to obtain the Early Learning Goal at the end of the Reception Year.

### **PSHE and citizenship curriculum planning**

We teach PSHE and citizenship in a variety of ways. We have developed our own bespoke scheme of work to meet the needs of our pupils. Each year group's PSHE objectives provide a spiral programme of knowledge and skills where prior learning is revisited, reinforced and extended in age and stage appropriate contexts.

Some of the time, we introduce PSHE through other subjects such as science and geography. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach some of the PSHE and citizenship curriculum through our religious education lessons.

We also develop PSHE and citizenship through activities and whole school events, for example Anti-Bullying / Kindness Week, Sports Day etc.

### **Fundamental British values**

Explicitly within PSHE lessons, as well as in our everyday interactions with children and embedded in our curriculum. The fundamental British Values are:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

### **ICT and Internet Safety**

Information and Communication Technology offers an important tool through which the teacher can motivate pupils. It is used to support the individual child's learning helps with research and enables information to be manipulated and retrieved. Information and Communication Technology can give

invaluable opportunities to develop and apply PSHE and Citizenship skills and knowledge already learnt. Our ICT curriculum teaches pupils to be responsible online and educate them about the need to develop a positive and safe online profile.

### **Inclusion**

At Our Lady of the Rosary, the Personal Development curriculum provides a broad and balanced education for all children. Through our PSHE and Citizenship teaching we provide learning opportunities that enable all pupils to make progress by setting suitable learning challenges and responding to differing needs through Quality First Teaching. Activities and debates challenge our most able pupils to formulate personal views based on evidence they research and discuss.

### **Assessment and Recording**

Teachers assess the children's work in Personal Development by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. We keep a record of children's skills in this subject, which we discuss with parents during Parents' Evenings and additional meetings/discussions that take place throughout the year. Evidence of Personal Development activities undertaken are recorded in whole class floor books and in upper key stage 2 individual books are used for selected learning objectives. These books are shared with both parents and visitors during visits to the school. Teachers report on Personal Development to parents in the annual school report.

### **Link with other policies**

- RSE, PE and Science policies - link with Personal and Health Education strands.
- Behaviour policy - links with citizenship/social education.
- Equal Opportunities policy - links with the Personal and Social Education strands. Health and Safety Policy - links with the Health Education strand.

### **Monitoring and review**

The Personal Development Subject Leader is responsible for monitoring the standards of children's work and the quality of teaching through work samples and discussion with pupils. By doing this, they can evaluate strengths and weaknesses of the subject and indicate areas for further improvement. The Subject Leader supports colleagues in their teaching of PSHE and citizenship by giving them information about current developments in the subject and by providing strategic lead and direction for the subject in the school.