

## FREE Food and Summer Activities at Seaham and Easington Family Hubs

Day	Activity	Time	venue
Wed 26 July	Paddle Boarding Suitable for secondary aged children	9.30am till 11am / 12pm till 1.30pm Arrive 10 minutes before	Seaham water sports centre on the marina - MUST BE ABLE TO SWIM
Wed 2 August	Play Bus Suitable for Primary aged children Climbing Wall Suitable for children above 5 to adults.	1.pm till 4pm	Seaview Centre
Wed 9 August	<b>Zoo Lab</b> – Suitable for all ages.	Easington - 10 till 10.45am and 11till 11.45am Seaham Seaview outreach building - 12.45 till 1.30pm, 1.45 till 2.30pm and 2.45 till 3.30pm	
Wed 16 August	Visit to Shildon Locomotion Centre Suitable for all ages	Visit to Shildon Locomotion Centre To attend this trip you MUST attend one of the activities in either centre beforehand. Pick up times are 10am at Seaham family hub and 10.30am Easington family hub - leaving Shildon at 3pm	
Wed 23 August	Back to School Sports Day and Activity Pack Suitable for all ages.	9am till 11am	Easington family hub and Seaview Centre
Wed 30 August	Back to School Sports Day and Activity Pack Suitable for all ages.	9am till 11am	Easington family hub and Seaview Centre
Thursday 27 July, Thursday 3 August Thursday 10 August	Breakfast stay and play. (3 August Infant Feeding Celebration)	9am till 11am	Seaview Centre
Tuesday 25 July Tuesday 1 August Tuesday 8 August	Breakfast stay and play. (1 August Infant Feeding Celebration)	9am till 11am	Easington Family Hub

To book a space at any of the free events please phone Seaham family hub on **03000 261 117** 

