



Our Lady of the Rosary Catholic Primary School

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Bishop Chadwick
Catholic Education Trust

15th February 2023

Dear Parent / Carer,

Our children's health matters to all of us and COVID-19 has highlighted even more the importance of robust health for a positive future. The research tells us that good nutrition will help our pupils to thrive, perform better in school and enjoy better health as they grow into adulthood.

We as a school have a responsibility to model best practice over food choice and healthy habits, making sure we support our families, up against a tide of unhealthy options. We want to ensure that all our pupils have healthy food options, and places where they can be active and play.

We welcome all of your thoughts and ideas to make sure we enable the most supportive health environment for your children. Please use the link below to let us know your thoughts and ideas.

<https://forms.office.com/e/xMrMh6DDff>

Thank you for your ongoing support.

Mrs M Graham
Executive Head Teacher

Mrs C Sutherland
Head of School